

American Red Cross Water Safety Instructor Certification Course **(minimum age: 16)**

The purpose of the American Red Cross Water Safety Instructor course is to train candidates to teach courses and presentations in the American Red Cross Swimming and Water Safety (swimming lesson) program by developing their understanding of how to use the course materials, how to conduct training sessions and how to evaluate participants' progress.

Pre-requisite skills for WSI students:

- Front crawl—25 yards
- Back crawl—25 yards
- Breaststroke—25 yards
- Maintain position on back for 1 minute in deep water (floating or sculling).
- **By appointment.**
- Elementary backstroke—25 yards
- Sidestroke—25 yards
- Butterfly—15 yards
- Tread water for 1 minute.

Class Dates & Times:

Sunday January 14	9:00 am-12:00 pm, 1:00 pm-5:00 pm
Friday January 19	9:00 am-11:00 am, 12:00 pm-5:00 pm
Sunday February 4	9:00 am-11:00 am, 12:00 pm-5:00 pm
Sunday February 18	9:00 am-11:00 am, 12:00 pm-5:00 pm



More details

Pre-requisite skills testing: Please schedule with a manager. Allow ~15 minutes. Call **920-982-8524** to schedule a time. Once signed up for a class, there is no charge for practicing the pre-requisites training- just give office staff your name and phone number.

Required Course Manual: Download for Free @ www.redcross.org/participantmaterials

Course Fees: Residents \$150.00 Non-Residents \$165.00 OR...

If you pass the pre-course and are taking the class with the intent of working for the New London Aquatic & Fitness Center, you must register with a manager and you (and a parent if under 18) must sign a contract stating that you promise to work for the City of New London for at least 1 year at which point, you will not owe the City for the class.